

# **Complication report of Student Exchange**

## **Support Program**

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When I was in Japan, I've been learn many things new from there. For example, I had the good opportunity to observed on the wards such as for the "Maternal care unit". In our hospital in Thai, the maternal care unit are separated but in Japan, it's all together. The delivery in Japan, it's look so comfortable but in Thai, it's almost the same as the operating room. I've been observe what are nursing students do while conference at conferencing room. This is the same in Thai. Another day, I went to the operating room. This is the first time for me in there. I came inside and observed what are doctors and nurses working together. I will bring this experience to apply in my fourth year's study. (in my university, we will study about operating room in fourth year). I think this was very opportunity for me because if I saw I can remember and easy to understand what are teacher teaching. I've been learn that what are the health team working together. I observed this working in ICU wards. The health team, they will round ward for look and talk about the patient's problem together.

Another week, we went to observe about community nursing. I've learned what are they doing. Observed for many programs. In Japan, I think the system of community nursing is very good. For example that I observed in 18-month check-up program, they separated zone for registering, ask for history, checking for children development, physical examination and advising. These are separated, so it's good for mothers to take their children check-up at the point. Another community nursing that I've observed is about elderly people. The though of elderly people between Thailand and Japan is different ; in Thai, elderly people want to stay with their family but elderly people in Japan believe that they still young so they don't want their children to stay with them. They want to live by themselves. So, the mission for community nursing is " How to help them to get good health for living by themselves" .

Next experience is about studying lecture and discussion about research with graduate students. I got many new knowledge that graduate student's research presented. We discussion what in my country have, what about your country, and what about the country that they do the research. This is good for us because I knew more about another country even I've never go before. These are thing that I got from studying and observation.

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Another thing that is not knowledge that I got from Japan is Japanese culture and Japanese tradition. I learned this from our friends, teacher, and people in Japan. Some of thing are the same but some of this are differnt. For example, you have to say "Itadakimusu" before eating food and say "Gashisosamadeshita" after finish eating but in Thai , we don't have to do that. In Thai tradition when the younger person see the older person or elderly people carrying bag or something, the younger person should ask the older person for help he/she to carry bag or something. For example, when student see teacher carrying big bag or sheet, the student should ask teacher for help carrying and teacher will take something to you. But in Japan when I saw teacher carrying many bag and I ask teacher for helping but teacher always reject me. Because Japanese people think that they are younger, so they don't need help. And another thing that I admired Japanese people is they always be "on time". Everything are on time (trains, bus, appointment). I got experience about Japanese food, Japanese sweets, Japanese places, and Japanese tradition. The last one that I want to tell that is I will take this experience from Japan to apply in my studies, my life, and I will share my experience to my teachers, my friends, and my family. This is my best opportunity to be there. Thank you Kobe University for give me the good chance like this. I'm so appreciate you all.

This is the picture about experience in Japan



In this picture we were harvesting sweet potato.



We visited Maternal care unit at University hospital

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Visited WHO



This is the autonomic bath for patient who can not move from bed.



Visited the community nursing at Nishinomiya



Fundamental Laboratory practicing at Myodani campus

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Japanese food



I and Kim wearing “Kimono” in Kyoto



Nursing room at high school



Front view of Myodani campus

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